

# 2003 Health and Preventive Practices Status Report

## from Missouri County-level Study



# Phelps County\*\*

	County Prevalence (%)*	Central Region Prevalence (%)*	State Prevalence (%)*
<b>G</b> eneral			
Health Status (Fair or Poor)	23.5	18.6	16.9
No Health Coverage	16.7	13.0	12.3
<b>B</b> ehavioral Risk Factors			
Physical Inactivity	26.8	23.7	23.0
Current Smoker	27.1	27.9	26.5
Overweight (BMI 25-29.9)	32.7	36.6	35.3
Obese (BMI ≥ 30)	28.8	23.6	23.4
<b>D</b> isease and Conditions			
High Blood Pressure	31.2	27.7	28.5
High Cholesterol (35 years or older)	37.8	35.8	37.3
Asthma	12.4	10.9	10.7
Diabetes	10.0	7.4	7.2
Activity Limitation	18.9	19.4	17.8
<b>C</b> ancer Screening			
<i>Women</i>			
Never had a Mammogram	25.3	12.9	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	70.0	46.3	49.4
50-64 years of age	30.3	31.2	35.9
65 and older	53.7	54.3	47.4
Never had a Pap Test:			
18-69 years of age	5.2	3.0	5.1
70 and older	4.1	8.8	6.4
No Pap Test in Last Year (18-29)	21.1	20.2	25.8
No Pap Test in Last 3 Years (30-69)	23.1	12.5	13.8
<i>Men and Women 50 Years or Older</i>			
Blood Stool Test:			
Never had a Blood Stool Test	63.7	59.9	57.0
No Blood Stool Test in Last Year	80.1	82.4	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	59.1	50.3	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	73.2 H	60.4	57.0

\*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

H indicates that the prevalence rate is significantly above the state prevalence

L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

\*\* The best indicators for Phelps county were obtained by combining data from Phelps and Dent counties.